

Bachelor of Science

Physical Education, Sport and Physical Activity: Physical Activity Specialist

College of Education and Human Ecology

The Physical Activity Specialist (PAS) program merges an understanding of child and youth development with the knowledge and instructional skills in physical activity, sport and nutrition. The major prepares students to promote and teach physical activity and recreation activities in community recreation centers, coach individual and team sports in school, recreational and club settings. The PAS program also integrates physical activity and nutrition programs for school-aged children in after school programs and recreation centers. ⁱ

Career Areas/Job Titles:

Management and Industry

Ticket Sales Manager
Fan Experience Coordinator
Retail or Pro Shop Manager
Facilities or Field Manager
Customer Relations Manager
Event Planner

Communication and Media

Community Relations Director

Member Relations Manager

Sports Broadcaster

Health Professions

Fitness Center Manager
Personal Trainer
Wellness Coach

Education

School Athletic Director
Athletic Coach

Sports Official

Non-Profit/Advocacy

Camp Director
Rec. Sports Coordinator
Youth Sports/Activity Director

Government/Politics

Park and Recreation Manger

**Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

Transferable Skills:

Adaptability/Flexibility
Administrative Skills
Analytical/Critical Thinking
Coaching/Mentoring
Cultural Understanding
Delegating Tasks
Facilitating Group Discussion
Gathering Information
Implementing Decisions

Initiative
Judgment & Decision Making
Managing Time/Stress
Mediating Conflict
Motivating Others
Multi-tasking
Organization Skills
Planning
Problem Solving

Provide/Respond to Feedback
Service Orientation
Setting Goals
Speaking Effectively
Strategic Planning/Visioning
Teaching/Instructing Others
Teamwork
Written Communication
*Internship Required

Professional Links:

Ohio State Sportsmanship Council: <http://bestfans.osu.edu/>

National Association for Sport and Physical Education: <http://www.aahperd.org/NASPE/>

Stadium Managers Association: <http://www.stadiummanagers.org/>

National Alliance of Youth Sports: <http://www.nays.org/>

National Collegiate Athletic Association (NCAA): <http://www.ncaa.org/>

